

Supplement Facts

Serving Size 1 Bi-Layered Tablet

Amount Per Serving	% Daily Value	
Herbal Blend (equal proportions of Passionflower Flower‡, Valerian Root‡, Chamomile‡)	25 mg	†
GABA (gamma aminobutyric acid)	10 mg	†
Pyridoxal-5-phosphate (P5P)	5 mg	†
Melatonin (N-acetyl-5-methoxytryptamine)	3 mg	†
‡ Standardized extract		†

† Daily Value (DV) not established.

Other Ingredients:

Di-calcium phosphate, microcrystalline cellulose, stearic acid, hydroxypropyl methylcellulose, magnesium stearate, silica, pharmaceutical glaze

NOTICE: For adult use only. Melatonin should not be used except with a physician's advice in the following conditions - pregnancy, lactation, serious illness, autoimmune disorders, diabetes, depression, endocrine disorders or during use of antidepressants or other prescription medications. Do not drive or operate heavy machinery while using.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.