

# Supplement Facts

Serving Size: 2 Soft Gels

Amount Per Serving	% Daily Value*	
Calories	20	
Calories from fat	18	
Total Fat	2.0 g	3%
Saturated Fat	0.1 g	1%
Trans Fat	0 g	†
Vitamin D3 (cholecalciferol)	1000 I.U.	250%
Vitamin E (d-alpha tocopherol)	30 I.U.	100%
<b>Omega-3s</b>	<b>Weight‡</b>	<b>Volume %</b>
EPA (Eicosapentaenoic Acid)	650 mg	35%
DHA (Docosahexaenoic Acid)	450 mg	25%
Other Omega-3s	180 mg	10%
Total Omega-3s	1280 mg	70%
Oleic Acid (Omega-9)	56 mg	3%

\* Percent Daily Values are based on a 2,000 calorie diet.

† Daily Value not established. ‡ Natural Triglycerides  
Less than 5 mg of Cholesterol per serving.

**Ingredients:** purified deep sea fish oil (from anchovies and sardines), soft gel capsule (gelatin, water, glycerin, natural lemon oil), natural lemon oil, vitamin D3 (cholecalciferol in olive oil), d-alpha tocopherol, rosemary extract.

May have been manufactured on the same processing line as products containing soy derivatives.

No gluten, milk derivatives, or artificial colors or flavors.