

Supplement Facts

Serving Size 3 Tablets

Amount Per Serving	% Daily Value	
Calories	20	
Total Carbohydrate	3 g	1 %*
Dietary Fiber	1 g	4 %*
Protein	1 g	
Vitamin A (as beta carotene)	10000 IU	200 %
Vitamin C (as ascorbic acid)	1000 mg	1,667 %
Vitamin D (as ergocalciferol)	400 IU	100 %
Vitamin E (as d-alpha tocopheryl succinate)	200 IU	667 %
Vitamin K (phylloquinone)	80 mcg	100 %
Thiamin (vitamin B-1) (as thiamine HCl)	25 mg	1,667 %
Riboflavin (vitamin B-2)	25 mg	1,471 %
Niacin (as niacinamide)	40 mg	200 %
Vitamin B-6 (as pyridoxine HCl)	25 mg	1,250 %
Folate (as folic acid)	400 mcg	100 %
Vitamin B-12 (as cyanocobalamin)	200 mcg	3,333 %
Biotin	100 mcg	33 %
Pantothenic Acid (as calcium pantothenate)	60 mg	600 %
Calcium (as aminoate complex)	200 mg	20 %
Iodine (from kelp)	150 mcg	100 %
Magnesium (as aminoate complex)	100 mg	25 %
Zinc (as monomethionine)	15 mg	100 %
Selenium (as selenomethionine aminoate complex)	25 mcg	36 %
Copper (as aminoate complex)	0.5 mg	25 %
Manganese (as aminoate complex)	4 mg	200 %
Chromium (as polynicotinate)	20 mcg	17 %
Potassium (as aminoate complex)	50 mg	1 %
Whole Food PhytoAlgae	1000 mg	†
Proprietary complex of spirulina (Hawaiian <i>Spirulina platensis</i>), Phenalgin (<i>Cystoseira canariensis</i> from Canary Islands) (stand. Polyphenols calc. as phlorotannins), chlorella (Bulgarian <i>Chlorella vulgaris</i>) (broken cell), cryptomonadales (Asian), red kelp (Norwegian <i>Palmaria palmata</i>), brown kelp (Norwegian <i>Laminaria digitata</i>), ulva (Asian <i>Ulva rigida</i> & <i>Ulva fasciata</i>), red seaweed (Irish <i>Lithothamnium calcarium</i>), dulse (Mediterranean <i>Rhodomenia palmata</i>), rockweed (American <i>Ascophyllum nodosum</i>)		
Bee Pollen (Spanish)	100 mg	†
Sunflower Oil (supplying linoleic acid 54.1 mg, oleic acid 9.3 mg, palmitic acid 4.4 mg, stearic acid 2.2 mg)	70 mg	†
Bioflavonoids (from <i>Citrus limon</i> exocarp) (active flavonols, flavonones, flavones & naringen 26 mg)	60 mg	†
Food Fiber Complex	50 mg	†
Proprietary Fiber Blend: apple pectin, arabinogalactan, modified citrus pectin, soluble oat bran		
Black Currant Seed Oil	50 mg	†
Whole Food Wellness Complex	50 mg	†
Whole fruit concentrates 10X: apple, apricot, banana, camu-camu (<i>Myrciaria dubia</i>), cranberry, orange, peach, red raspberry, strawberry, tomato; concentrates 10X: alfalfa sprout, barley grass juice, beet greens, cabbage leaf, onion bulb, parsley leaf; concentrate 4X: celery seed; standardized extracts: papaya fruit, red grape (<i>Vitis vinifera</i>), broccoli floret, carrot root, garlic clove; standardized concentrate: spinach leaf		
Bromelain (from pineapple fruit) (24 gelatin digesting units)	40 mg	†
Choline (as bitartrate)	30 mg	†
Inositol	30 mg	†

Quercetin (from <i>Sophora japonica</i> leaf)	30 mg	†
Rutin (from <i>Sophora japonica</i> leaf)	25 mg	†
Thione Complex	25 mg	†
Proprietary Blend: glutathione, selenium (as selenomethionine), N-acetyl-cysteine and grape seed extract		
Whole Food Antioxidants	25 mg	†
Proprietary blend: milk thistle seed, Chinese green tea leaf (decaffeinated), turmeric rhizome, red wine (<i>Vitis vinifera</i> fruit concentrate) (alcohol free), pau d'arco bark		
Whole Food Amino Acid Complex	25 mg	†
(from spirulina and isolated pea protein) - providing complete profile of critical essential and non-essential amino acids: isoleucine, histidine, leucine, arginine, lysine, aspartic acid, methionine, serine, cysteine, glutamic acid, threonine, proline, phenylalanine, glycine, tryptophan, alanine, valine and tyrosine		
Betaine HCl (from beet molasses)	25 mg	†
RNA (ribonucleic acid)	21 mg	†
PABA (para-aminobenzoic acid)	15 mg	†
Hesperidin (from <i>Citrus limon</i> exocarp)	10 mg	†
Whole Food Enzymes	10 mg	†
Proprietary Enzyme Complex: papain (papaya fruit), amylase (<i>Aspergillus oryzae</i>), lipase (<i>A. oryzae</i>), cellulase (<i>A. niger</i>), protease (<i>A. oryzae</i>)		
Neurosyn	10 mg	†
Ginkgo biloba leaf (std. ginkgo flavone-glycosides), ginseng (<i>Panax</i>) (std. ginsenosides)		
Source-70 (whole food based soluble mineral complex)	10 mg	†
Chlorophyll (from spirulina)	7.5 mg	†
DNA (deoxyribonucleic acid)	6 mg	†
Carotenoids	4 mg	†
Lutein (active carotenoid from marigold flower extract)	3 mg	†
Eriocitrin (from <i>Citrus limon</i> exocarp)	3 mg	†
Boron (as citrate)	1 mg	†
Octacosanol	200 mcg	†

* Percent Daily Values are based on a 2,000 calorie diet.

† Daily Value (DV) not established.

Other Ingredients:

Microcrystalline cellulose, stearic acid, magnesium stearate, silica, astragalus root, young barley leaf, *Echinacea angustifolia* root, Irish moss (*Chondrus crispus*), thyme leaf, ligustrum berry, schisandra fruit, rice bran, pharmaceutical glaze

Mineral aminoates are whole brown rice chelates.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.