

Supplement Facts

Serving Size 3 Tablets

Amount Per Serving	Value	% Daily
Calories	20	
Total Carbohydrate	3 g	1 %*
Dietary Fiber	1 g	4 %*
Protein	1 g	
Vitamin A (as beta carotene)	10000 IU	200 %
Vitamin C (as ascorbic acid)	1000 mg	1,667 %
Vitamin D (as ergocalciferol)	400 IU	100 %
Vitamin E (as d-alpha tocopheryl succinate)	200 IU	667 %
Vitamin K (phylloquinone)	80 mcg	100 %
Thiamin (vitamin B-1) (as thiamine HCl)	25 mg	1,667 %
Riboflavin (vitamin B-2)	25 mg	1,471 %
Niacin (as niacinamide)	40 mg	200 %
Vitamin B-6 (as pyridoxine HCl)	25 mg	1,250 %
Folate (as folic acid)	400 mcg	100 %
Vitamin B-12 (as cyanocobalamin)	200 mcg	3,333 %
Biotin	100 mcg	33 %
Pantothenic Acid (as calcium pantothenate)	60 mg	600 %
Calcium (as aminoate complex)	200 mg	20 %
Iron (as aminoate complex, ascorbate)	18 mg	100 %
Iodine (from kelp)	150 mcg	100 %
Magnesium (as aminoate complex)	100 mg	25 %
Zinc (as monomethionine)	15 mg	100 %
Selenium (as selenomethionine aminoate complex)	25 mcg	36 %
Copper (as aminoate complex)	0.5 mg	25 %
Manganese (as aminoate complex)	4 mg	200 %
Chromium (as polynicotinate)	20 mcg	17 %
Potassium (as aminoate complex)	50 mg	1 %

Whole Food PhytoAlgae	1000 mg	†
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Proprietary complex of spirulina (Hawaiian *Spirulina platensis*), Phenalgin (*Cystoseira canariensis* from Canary Islands) (stand. Polyphenols calc. as phlorotannins), chlorella

(Bulgarian <i>Chlorella vulgaris</i>) (broken cell), cryptomonadales (Asian), red kelp (Norwegian <i>Palmaria palmata</i>), brown kelp (Norwegian <i>Laminaria digitata</i>), ulva (Asian <i>Ulva rigida</i> & <i>Ulva fasciata</i>), red seaweed (Irish <i>Lithothamnium calcarium</i>), dulce (Mediterranean <i>Rhododymenia palmata</i>), rockweed (American <i>Ascophyllum nodosum</i>)		
Bee Pollen (Spanish)	100 mg	†
Sunflower Oil (supplying linoleic acid 54.1 mg, oleic acid 9.3 mg, palmitic acid 4.4 mg, stearic acid 2.2 mg)	70 mg	†
Bioflavonoids (from <i>Citrus limon</i> exocarp) (active flavonols, flavonones, flavones & naringen 26 mg)	60 mg	†
Food Fiber Complex Proprietary Fiber Blend: apple pectin, arabinogalactan, modified citrus pectin, soluble oat bran	50 mg	†
Black Currant Seed Oil	50 mg	†
Whole Food Wellness Complex Whole fruit concentrates 10X: apple, apricot, banana, camu-camu (<i>Myrciaria dubia</i>), cranberry, orange, peach, red raspberry, strawberry, tomato; concentrates 10X: alfalfa sprout, barley grass juice, beet greens, cabbage leaf, onion bulb, parsley leaf; concentrate 4X: celery seed; standardized extracts: papaya fruit, red grape (<i>Vitis vinifera</i>), broccoli floret, carrot root, garlic clove; standardized concentrate: spinach leaf	50 mg	†
Bromelain (from pineapple fruit) (24 gelatin digesting units)	40 mg	†
Choline (as bitartrate)	30 mg	†
Inositol	30 mg	†
Quercetin (from <i>Sophora japonica</i> leaf)	30 mg	†
Rutin (from <i>Sophora japonica</i> leaf)	25 mg	†
Thione Complex Proprietary Blend: glutathione, selenium (as selenomethionine), N-acetyl-cysteine and grape seed extract	25 mg	†
Whole Food Antioxidants Proprietary blend: milk thistle seed, Chinese green tea leaf (decaffeinated), turmeric rhizome, red wine (<i>Vitis vinifera</i> fruit concentrate) (alcohol free), pau d'arco bark	25 mg	†
Whole Food Amino Acid Complex (from spirulina and isolated pea protein) - providing complete profile of critical essential and non-essential amino acids: isoleucine, histidine, leucine, arginine, lysine, aspartic acid, methionine, serine, cysteine, glutamic acid, threonine, proline, phenylalanine, glycine, tryptophan, alanine, valine and tyrosine	25 mg	†
Betaine HCl (from beet molasses)	25 mg	†
RNA (ribonucleic acid)	21 mg	†
PABA (para-aminobenzoic acid)	15 mg	†
Hesperidin (from <i>Citrus limon</i> exocarp)	10 mg	†
Whole Food Enzymes Proprietary Enzyme Complex: papain (papaya fruit), amylase (<i>Aspergillus oryzae</i>), lipase (<i>A. oryzae</i>), cellulase (<i>A. niger</i>), protease (<i>A. oryzae</i>)	10 mg	†
Neurosyn Ginkgo biloba leaf (std. ginkgo flavone-glycosides), ginseng (<i>Panax</i>) (std. ginsenosides)	10 mg	†
Source-70 (whole food based soluble mineral complex)	10 mg	†
Chlorophyll (from spirulina)	7.5 mg	†
DNA (deoxyribonucleic acid)	6 mg	†
Carotenoids	4 mg	†
Lutein (active carotenoid from marigold flower extract)	3 mg	†

Eriocitrin (from <i>Citrus limon</i> exocarp)	3 mg	†
Boron (as citrate)	1 mg	†
Octacosanol	200 m cg	†
* Percent Daily Values are based on a 2,000 calorie diet.		
† Daily Value (DV) not established.		

Other Ingredients:

Microcrystalline cellulose, stearic acid, magnesium stearate, silica, astragalus root, young barley leaf, *Echinacea angustifolia* root, Irish moss (*Chondrus crispus*), thyme leaf, ligustrum berry, schisandra fruit, rice bran, pharmaceutical glaze

Mineral aminoates are whole brown rice chelates.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.