

Supplement Facts

Serving Size 2 Tablespoons or 1 Capful (1 fl. oz.) (29.57mL)

Amount Per Serving		% Daily Value
Calories	20	
Total Carbohydrate	5 g	2 %*
Sugars	4 g	†
Vitamin A (as palmitate, beta carotene)	10000 IU	200 %
Vitamin C (as ascorbic acid)	500 mg	833 %
Vitamin D (as cholecalciferol)	600 IU	150 %
Vitamin E (as d-alpha tocopheryl acetate)	200 IU	667 %
Vitamin K2 (as menatetrenone)	100 mcg	125 %
Thiamin (vitamin B-1) (as thiamine mononitrate)	25 mg	1,667 %
Riboflavin (vitamin B-2)	25 mg	1,471 %
Niacin (as niacinamide)	40 mg	200 %
Vitamin B-6 (as pyridoxine HCl)	25 mg	1,250 %
Folate (as folic acid)	400 mcg	100 %
Vitamin B-12 (as cyanocobalamin)	200 mcg	3,333 %
Biotin	100 mcg	33 %
Pantothenic Acid (as calcium pantothenate)	60 mg	600 %
Calcium (as citrate)	50 mg	5 %
Iron (as gluconate)	4.5 mg	25 %
Iodine (potassium iodide)	150 mcg	100 %
Magnesium (as citrate)	25 mg	6 %
Zinc (as gluconate)	7.5 mg	50 %
Selenium (as amino acid complex)	25 mcg	36 %
Copper (as amino acid chelate)	0.25 mg	13 %
Manganese (as gluconate)	4 mg	200 %
Chromium (as polynicotinate)	20 mcg	17 %
Potassium (as citrate)	50 mg	1 %

Red Whole Food Blend:

pomegranate, goji (*Lycium barbarum* L.), noni (*Morinda citrifolia* fruit), mangosteen (*Garcinia mangostana* fruit), açai (cabbage palm) (*Euterpe oleracea* berry), cranberry, red raspberry, red grape, tomato, strawberry, mango, black currant, blueberry, elderberry (*Sambucus nigra*), camu-camu (*Myrciaria dubia* fruit), turmeric, apple, apricot, banana, orange, peach, guava, pineapple, watermelon, FOS, Activescence® (a patented enzyme)

2500 mg †

activation system – cellulase, pectinase, hemicellulase and xylanase), papaya, black raspberry, ligustrum berry, bilberry, schisandra fruit, green tea, fenugreek seed

Source-70 Whole Food Complex

Proprietary soluble whole food complex of prehistoric trace element concentrate, Spirulina (natural source of chlorophyll, ribonucleic acid, deoxyribonucleic acid and carotenoids), Alfalfa Leaf Juice (natural source of plant sitosterols), Barley Grass Juice (natural source of 2"-O-glycosyl isovitexin), luo han guo (<i>Siraitia grosvenori</i> fruit extract)	500 m g	†
Bee Pollen (Spanish) (naturally providing vitamins, minerals and enzymes)	100 m g	†
Citrus Bioflavonoids (from <i>Citrus limon</i> exocarp) (active flavonols, flavonones, flavones & naringen 44 mg)	100 m g	†
Ginseng Root (Korean) (naturally providing ginsenosides R [a through h] and F)	50 mg	†
Inositol	30 mg	†
PABA (para-aminobenzoic acid)	15 mg	†
Choline (as bitartrate)	13 mg	†
Lycopene (active carotenoid from tomato)	2.5 mg	†
Lutein (active carotenoid from marigold flower extract)	1 mg	†

* Percent Daily Values are based on a 2,000 calorie diet.

† Daily Value (DV) not established.

Other Ingredients:

Purified water, crystalline fructose, natural flavors, citric acid, xanthan gum, malic acid, potassium benzoate and potassium sorbate (to preserve freshness), flax seed, astragalus root, ligustrum berry, schisandra fruit, young barley leaf, *Echinacea angustifolia* root, Irish moss (*Chondrus crispus*), thyme leaf, rice bran, **Proprietary Anti-Aging Blend** [MSM (methylsulfonylmethane), NAC (N-acetyl cysteine), turmeric (std. curcumin), grape (*Vitis vinifera*) seed extract (std. proanthocyanidins)], sunflower oil (supplying linoleic acid, oleic acid, palmitic acid, stearic acid), black currant seed oil, bromelain (from pineapple fruit), quercetin (from *Sophora japonica* leaf), papain (from papaya fruit), rutin (from *Sophora japonica* leaf), betaine HCl (from beet molasses), apple pectin, hesperidin (from *Citrus limon* exocarp), amylase (from brown rice fermentation), lipase (from brown rice fermentation), eriocitrin (from *Citrus limon* exocarp), **Rainbow Lightning Proprietary Whole Food Blend** [dried barley juice, spirulina (Hawaiian *Spirulina platensis*), cooked whole brown rice, fructooligosaccharides (FOS), chlorella (Bulgarian *Chlorella vulgaris*) (broken cell), Pacific kelp, Phenalgin™ (*Cystoseira canariensis* from Canary Islands) (std. polyphenols), *Cryptomonadales* (Asian), red kelp (Norwegian *Palmaria palmata*), brown kelp (Norwegian *Laminaria digitata*), ulva (Asian *Ulva rigida* & *Ulva fasciata*), red seaweed (Irish *Lithothamnium calcarium*), dulse (Mediterranean *Rhodomenia palmata*), rockweed (American *Ascophyllum nodosum*), bee pollen (Spanish), sunflower oil (supplying linoleic acid, oleic acid, palmitic acid, stearic acid), black currant seed oil, 10X concentrates: alfalfa sprout, barley grass juice, beet greens, cabbage, onion, parsley; concentrate 4x: celery seed; standardized extracts: papaya fruit, red grape, broccoli, carrot, garlic; std. concentrate: spinach; milk thistle seed, Chinese green tea (decaffeinated), red wine (grape concentrate) (alcohol free), pau d'Arco bark, ginseng (*Panax*) (std. ginsenosides), astragalus root, *Echinacea angustifolia* root, Irish moss (*Chondrus crispus*), thyme, rice bran, white nectarine, white peach, white fig, date, banana, potato, white pear, white tea, jicama (*Pachyrhizus erosus*), Jerusalem artichoke (*Helianthus tuberosus*), Shiitake mushroom (*Lentinus edodes* mycelia), parsnip, turnip, cauliflower, ginger, kohlrabi (*Brassica oleracea* var. *gongylodes*), shallot (*Allium cepa* var.

aggregatum), grapefruit, yellow apple, honeydew melon, yellow squash, gooseberry, golden kiwi, nectarine, yellow watermelon, pumpkin, butternut squash, yellow fig, cantaloupe, yellow beet, rutabaga, tangerine, lemon, yellow pepper, blueberry (*Vaccinium angustifolium*), blackberry (*Rubus fruticosus* fruit), lingonberry extract, black cherry extract, purple fig, Belgian endive (*Cichorium endivia*), passion fruit (*Passiflora edulis*), purple kale (*Brassica oleracea*), rhubarb, Concord grape (*V. labrusca*), beet, radicchio (*C. intybus*), eggplant, purple onion], carotenoids, proanthocyanidins, octacosanol

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These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.