

Supplement Facts

Serving Size 2 Tablespoons or 1 Capful (1 fl. oz.) (29.57 ml)

Amount Per Serving	% Daily Value	
Calories	50	
Total Carbohydrate	12 g	4 %*
Sugars	8 g	†
Herbal Blend (Passionflower Flower, Valerian Root, Chamomile Flower)	25 mg	†
GABA (gamma aminobutyric acid)	10 mg	†
Pyridoxal-5-phosphate (P5P)	5 mg	†
Melatonin (N-acetyl-5-methoxytryptamine)	3 mg	†

* Percent Daily Values are based on a 2,000 calorie diet.

† Daily Value (DV) not established.

Other Ingredients:

Water, fructose, vegetable glycerin, citric acid, xanthan gum, natural flavors, sodium benzoate and potassium sorbate (preserve freshness), natural color

NOTICE: For adult use only. Melatonin should not be used except with a physician's advice in the following conditions - pregnancy, lactation, serious illness, autoimmune disorders, diabetes, depression, endocrine disorders or during use of antidepressants or other prescription medications. Do not drive or operate heavy machinery while using.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.