

Supplement Facts

Serving Size: 2 Soft Gels

Amount Per Serving	% Daily Value*	
Calories	18	
Calories from fat	18	
Total Fat	2.0 g	3%
Saturated Fat	0.4 g	2%
Trans Fat	0 g	†
Vitamin E (d-alpha tocopherol)	30 I.U.	100%
Omega-3s	Weight‡	Volume %
EPA (Eicosapentaenoic Acid)	270 mg	15%
DHA (Docosahexaenoic Acid)	180 mg	10%
Other Omega-3s	115 mg	6%
Total Omega-3s	565 mg	31%
Omega-6s	224 mg	12%
GLA (Gamma-Linolenic Acid)	66 mg	4%
Omega-9s	244 mg	13%
OA (Oleic Acid)	160 mg	9%

* Percent Daily Values are based on a 2,000 calorie diet.

† Daily Value not established. ‡ Natural Triglycerides
Less than 5 mg of Cholesterol per serving.

Ingredients: purified deep sea fish oil (from anchovies and sardines), soft gel capsule (gelatin, water, glycerin, natural lemon oil), borage oil, natural lemon oil, d-alpha tocopherol, rosemary extract.

May have been manufactured on the same processing line as products containing soy derivatives.

No gluten, milk derivatives, or artificial colors or flavors.