

Full Disclosure Ingredient Panel

DIRECTIONS: (Adult) Take one (1) Liquid Soft-Gel twice daily with meals and a full glass of water.

Supplement Facts

Serving Size: 1 Liquid Soft-Gel

Servings per Container: 60

	Amount per Serving	% Daily Value
Vitamin C (as Calcium Ascorbate)	100 mg	167%
Biotin	1300 mcg	433%
Zinc (as Zinc Picolinate)	5 mg	33%
Copper (as Copper Amino Acid Chelate)	0.5 mg	25%
Manganese (as Manganese Citrate)	2.5 mg	125%
Fish Oil (30% Omega 3 Fatty Acids)	529 mg	†
Gotu Kola extract (10% triterpenic acids)(herb)	90 mg	†
Citrus (<i>Citrus spp.</i>) Bioflavonoids (50% bioflavonoids)(fruit)	50 mg	†
Lysine (as Lysine Hydrochloride)	40 mg	†
Proline	40 mg	†
Silica (as Horsetail (<i>Equisetum arvense</i>) extract (7% silica)(herb))	5.6 mg	†
Bioperine Complex	6 mg	†
Bioperine® Black Pepper extract (95% piperine)(fruit), Ginger extract (5% gingerols)(root)		

†Daily Value not established

Other Ingredients: Gelatin, purified water, glycerin, soy lecithin, beeswax, titanium dioxide, caramel color and red cabbage powder.

Contains: Soy, Fish (anchovy, sardine)

Usage Warnings: Do not use if safety seal is broken. Check with your doctor before using this product if you are using medication or have any medical conditions. Do not use if you are pregnant or nursing. Do not exceed recommended daily intake. Not intended for use by persons under 18. **KEEP OUT OF REACH OF CHILDREN.** Store in a cool, dry place.

WARNING: (State of California Prop 65) This product contains a chemical known to the State of California to cause birth defects and other reproductive harm.