

Full Disclosure Ingredient Panel

DIRECTIONS: (Adult) Take two (2) to four (4) Liquid Soft-Gels a day with meals. May be taken all at once or divided throughout the day.

Supplement Facts

Serving Size: 4 Liquid Soft-Gels

Servings per Container: 20

	Amount per Serving	% Daily Value
Calcium (as Calcium Carbonate and Calcium Citrate)	500 mg	50%
Magnesium (as Magnesium Oxide and Magnesium Citrate)	200 mg	50%
St John's Wort extract (0.3% hypericin)(flower)	300 mg	†
Asian Ginseng extract (25% ginsenosides)(root)	100 mg	†
Soy Isoflavones (5% total isoflavones)	100 mg	†
Black Cohosh extract (2.5% triterpenoid saponins)(rhizome)	80 mg	†
Red Clover powder (aerial)	40 mg	†
Chaste Tree extract (10:1)(fruit)	20 mg	†
Bioperine Complex	6 mg	†
Bioperine® Black Pepper extract (95% piperine) (fruit), Ginger extract (5% gingerols)(root)		

† Daily Value not established

Contains: Soy

Usage Warnings: Do not use if safety seal is broken. Check with your doctor before using this product if you are using medication or have any medical conditions. Do not use if pregnant or nursing. Do not exceed recommended daily intake. Not intended for use by persons under 18 years of age. **KEEP OUT OF REACH OF CHILDREN.** Store in a cool, dry place.

WARNING: (State of California Prop 65) This product contains a chemical known to the State of California to cause birth defects or other reproductive harm.