

**DIRECTIONS:** (Adult) Take two (2) Liquid Soft-Gels in the morning and one (1) or two (2) in the afternoon 30 minutes before meals with a full glass of water. If caffeine keeps you up at night, do not take this product in the evening since it contains natural caffeine.

## Supplement Facts

Serving Size: 2 Liquid Soft-Gels

Servings per Container: 37

	Amount per Serving	% Daily Value
Chromium (as Chromium Picolinate)	125 mcg	104%
Green Tea extract (50% EGCG)(leaf)	400 mg	†
<b>Fat Metabolizer Blend</b>	300 mg	†
Advantra Z <sup>®</sup> Bitter Orange extract (30% synephrine) (fruit), Natural Caffeine (100 mg of Caffeine)		
<b>Bioperine Complex</b>	6 mg	†
Bioperine <sup>®</sup> Black Pepper extract (95% piperine) (fruit), Ginger extract (5% gingerols)(root)		

†Daily Value not established

**Contains: Soy**

**No preservatives added.**

**Usage Warnings:** Do not use if safety seal is broken. Check with your doctor before using this product if you are using medication or have any medical conditions. Do not use if you are pregnant or nursing. Do not exceed recommended daily intake. Not intended for use by persons under 18. **KEEP OUT OF REACH OF CHILDREN.** Store in a cool, dry place.

**Warning:** (State of California Prop 65) This product contains a chemical known to the State of California to cause birth defects or other reproductive harm.